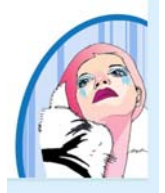




Swindon card scheme



What is the Swindon c-card

The Swindon c-card scheme is run by the Contraceptive & Sexual Health Service in Swindon in partnership with the Teenage Pregnancy Unit. It is a free and confidential service for anyone under the age of 25 to collect **free condoms**.

How do I get a c-card?

On your first visit to any of the participating sites a key ring will be issued with a bar code which is your ID number and with this you can access any of the outlets every 30 days with the c-card logo to collect a bag of 12 condoms. Your details are kept stored on a confidential database.

How do I use my c-card?

Once you are registered you can access any of the outlets and produce your key ring. You will then be searched on the database and issued your condoms.

Where can I register and collect condoms?

Your nearest registration/collection point for condoms or Chlamydia testing kit is the **Moredon Children's Centre** either call in to the centre or call us on 01793 6154789 and speak to Maria for a confidential chat.

Chlamydia testing and treatment is an important part of prevention. If you are infected with Chlamydia you can pass this to any sexual partners you have and it will spread. By getting treated you will no longer be infectious so won't pass the infection on.

To reduce the risk of catching chlamydia or any other STIs **ALWAYS** use a condom when having any sexual contact or use a dam for oral sex. Free condoms are available for those under 25 through the **C-Card Scheme**.

If you do have sex with a new partner we advise you to have a chlamydia screening test - this is the only way to be sure you have not been infected.

